MELANOMA DETECTION CHART/ABCDE SYSTEM

Most people have a number of brownish spots on their skin, such as freckles, birthmarks and moles. Almost all of these spots are normal, but some may be skin cancers. Melanoma, the deadliest form of skin cancer, is especially hard to stop once it has spread to other parts of the body. Use the "ABCDEs" of melanoma as a reminder of key warning signs. If any of these warning signs are detected, please consult with your physician.

Asymmetry: One half of mole is different from the other.



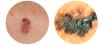


Border: Edges of mole are irregular – ragged, blurred or notched.





Color: Pigmentation of mole is varied and may be tan, brown or black. As melanomas progress, some may have the colors red, white and blue appear.





Diameter: Width is usually greater than six millimeters – about the size of a pencil eraser. However, some melanomas may be smaller.





Evolving: Any change – in size, shape, color or elevation, or any new symptom such as bleeding, itching or crusting – should be discussed with your physician immediately.





404.531.4444 builttobeatcancer.com